



INTERNATIONAL SPORTS MEDICINE FELLOWS CONFERENCE

February 7 – 8, 2020 • Carlsbad, California

FRIDAY, FEBRUARY 7, 2020

6:30 – 7:30 Breakfast
7:30 – 9:30 Session I: Presentations by the Biologic Association Summit

7:30 – 7:40 Current Landscape in Orthobiologics
7:40 – 7:50 The Future of Orthobiologics
7:50 – 8:00 Orthobiologics Registry - Opportunity or Challenge?
8:00 – 8:15 Orthobiologics in Tendon (RCR, LE Examples)
8:15 – 8:30 Orthobiologics in Muscle
8:30 – 8:45 Orthobiologics in Cartilage Repair
8:45 – 9:00 Orthobiologics in Early OA
9:00 – 9:15 Orthobiologics in Bone
9:15 – 9:30 Questions & Answers / Discussion

9:30 – 9:45 Exhibits Break

9:45 – 12:00 Ultrasound and Orthobiologics Skills Workshop
9:45 – 9:55 Intro to Orthobiologics Skills Workshop & Ultrasound Overview
9:55 – 10:00 Transition to Workshop
10:00 – 12:00 Hands-On Workshop: Ultrasound & Orthobiologics

12:00 – 13:00 Lunch

13:00 – 13:45 Session II: Introduction to Cartilage Restoration
13:00 – 13:12 Overview: How to Build a Cartilage Practice
13:12 – 13:24 Clinical and Radiographic Evaluation of Cartilage Patients
13:24 – 13:36 Philosophy of Cartilage Repair: When to Treat and When Not to Treat
13:36 – 13:45 Discussion

13:45 – 14:55 Session III: Treat the Joint as an Organ
13:45 – 13:57 Management of Concomitant Pathology (Alignment, Meniscus, Stability)
13:57 – 14:09 Evolving ACL Concepts: Tibial Slope, Lateral Extra-Articular, Ramp Lesions
14:09 – 14:21 Meniscus Substitution (CMI) and Transplantation
14:21 – 14:33 International Perspective on Meniscus Preservation and Replacement
14:33 – 14:45 Osteotomy in Cartilage Repair
14:45 – 14:55 Discussion

14:55 – 15:10 Exhibits Break

15:10 – 16:08 Session IV: Clinical Approach to Joint Preservation
15:10 – 15:22 My Algorithm for Small Cartilage Lesions
15:22 – 15:34 My Algorithm for Large Cartilage Lesions
15:34 – 15:46 Management of Bipolar/Multifocal/Arthritis
15:46 – 15:58 Patellofemoral Joint Preservation
15:58 – 16:08 Discussion

16:08 – 17:42 Session V: Joint Preservation Surgical Techniques

16:08 – 16:20 Microfracture/Microfracture Plus/Cartiform
16:20 – 16:32 OAT Autograft/Mosaicplasty
16:32 – 16:44 MACI and Other Cell Based Strategies
16:44 – 16:56 Osteochondral Allografts
16:56 – 17:08 Treatment of Subchondral Bone
17:08 – 17:20 Agili-C
17:20 – 17:32 Stem Cells and Scaffolds
17:32 – 17:42 Discussion

17:42 – 18:00 Exhibits Break

18:00 – 18:55 Session VI: Think Like a Cartilage Surgeon: Case Presentations

18:00 – 18:15 Small Defect
18:15 – 18:30 Large Defect
18:30 – 18:45 Complex Reconstruction
18:45 – 18:55 Discussion

19:00 – 22:00 Annual ISMF Reception and Dinner

Moderator: Rachel M. Frank, MD USA
Moderator: Seth L. Sherman, MD USA

Jason L. Dragoo, MD USA
Bert R. Mandelbaum, MD, DHL (hon) USA
William J. Maloney, MD, USA
Brian J. Cole, MD, MBA USA
Johnny Huard, PhD USA
Alberto Gobbi, MD ITALY
Ken R. Zaslav, MD USA
Adam W. Anz, MD USA

Casey G. Batten, MD USA

Casey G. Batten, MD USA; Rachel M. Frank, MD USA;
Gerard Malanga, MD USA; Eugene Roh, MD USA;
Steven Sampson, DO USA; Seth Sherman, MD USA;
Steve Yoon, MD USA

Moderator: Seth L. Sherman, MD USA
Bert R. Mandelbaum, MD, DHL (hon) USA
Ken R. Zaslav, MD USA
Brian J. Cole, MD, MBA USA

Moderator: Jack Farr, MD USA
Jack Farr, MD USA
Kristofer Jones, MD USA
Wayne K. Gersoff, MD USA
Tim Spalding, FRCS(Orth) UK
Christoph Ergelet, MD, PhD SWITZERLAND

Moderator: William Bugbee, MD USA
John G. Lane, MD USA
Rachel M. Frank, MD USA
William Bugbee, MD USA
Seth L. Sherman, MD USA

Moderator: Art Bartolozzi, MD USA
Kai Mithoefer, MD USA
Ralph A. Gambardella, MD USA
Andreas Gomoll, MD USA
William Bugbee, MD USA
Bert R. Mandelbaum, MD, DHL (hon) USA
Ken R. Zaslav, MD USA
Alberto Gobbi, MD ITALY

Moderator: Brian J. Cole, MD, MBA USA
Brian J. Cole, MD, MBA USA
Simon Görtz, MD USA
Sabrina M. Strickland, MD USA

20th

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SATURDAY, FEBRUARY 8, 2020

6:30 – 7:30 Breakfast Session (Mandatory)

- 6:30 – 7:00 Breakfast
- 7:00 – 7:10 Surgical Exposures Lecture
- 7:10 – 7:30 Innovations in Osteochondral Grafting and All-Inside Meniscal Repair

7:30 – 8:16 Session VII: Special Considerations

- 7:30 – 7:42 Special Considerations: Cartilage Problems in Other Joints
- 7:42 – 7:54 Special Considerations: OCD Lesions
- 7:54 – 8:06 Cartilage Repair in Pediatric Population
- 8:06 – 8:16 Discussion

8:16 – 8:35 Exhibits Break

8:35 – 9:30 Session VIII: Keynote Presentation

- 8:35 – 9:20 Adventures in Biologic Joint Reconstruction
- 9:20 – 9:30 Discussion

9:30 – 11:10 Session IX: Surgical Demonstrations

- 9:30 – 9:45 Meniscus Allograft Transplantation
- 9:45 – 10:00 Meniscus Root Repair and Soft Tissue MAT
- 10:00 – 10:15 High Tibial Osteotomy/DFO
- 10:15 – 10:30 MACI
- 10:30 – 10:45 Osteochondral Allograft
- 10:45 – 11:00 Agili-C

11:00 – 12:00 Lunch

12:00 – 14:30 Cartilage Restoration Workshop

14:30 – 14:50 Exhibits Break

14:50 – 16:10 Session X: Patellofemoral Lectures

- 14:50 – 15:00 Where Have We Been and Where are We Going in PF Instability Treatment?
- 15:00 – 15:10 Clinical and Radiographic Work-up of PF Instability
- 15:10 – 15:20 Treatment Algorithm for Patellofemoral Instability: Surgical Indications and Which Procedure(s) to Choose
- 15:20 – 15:30 Getting It Right: Medial Anatomy and Soft Tissue Stabilization
- 15:30 – 15:40 Getting It Right: Lateral Anatomy and Soft Tissue Balancing
- 15:40 – 15:50 Getting It Right: When to Add Tibial Tubercle Osteotomy (TTO) and What Type?
- 15:50 – 16:00 Complications and How to Avoid Them
- 16:00 – 16:10 Discussion

16:10 – 16:50 Session XI: Patellofemoral Surgical Demonstrations

- 16:10 – 16:25 Tibial Tubercle Osteotomy (TTO) Medialization/Distalization
- 16:25 – 16:40 MQTFL Reconstruction
- 16:40 – 16:50 MPFL Recon/Lateral Retinacular Lengthening

16:50 – 17:00 Transition to Patellofemoral Workshop

17:00 – 18:30 Patellofemoral Workshop

William Bugbee, MD USA
Ralph A. Gambardella, MD USA
Moderator: C. Thomas Vangsness, MD USA
Michael Banffy, MD USA
Marc Tompkins, MD USA
Natasha Trentacosta, MD USA

Moderator: Seth L. Sherman, MD USA
Daniel Saris, Prof., MD USA

Moderator: Simon Görtz, MD USA
Moderator: Brian J. Cole, MD, MBA USA

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Daniel Saris, Prof., MD USA
Ken R. Zaslav, MD USA
Bert R. Mandelbaum, MD, DHL (hon) USA
Seth L. Sherman, MD USA

Moderator: Wayne K. Gersoff, MD USA

Chair: Jack Farr, MD USA
Chair: John P. Fulkerson, MD USA

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Christian Lattermann, MD USA
Marc Tompkins, MD USA

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Christian Lattermann, MD USA

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