



# INTERNATIONAL SPORTS MEDICINE FELLOWS CONFERENCE

February 7 – 8, 2020 • Carlsbad, California

## Friday, February 7, 2020

6:30 – 7:30 **Breakfast**

7:30 – 9:30 **Session I: Orthobiologics Presented by the Biologics Alliance Summit**

7:30 – 7:45 Current Landscape in Orthobiologics  
7:45 – 8:00 Future Landscape of Orthobiologics  
8:00 – 8:20 Orthobiologics in Multiple Joints: AANA  
8:20 – 8:40 Orthobiologics in Athletes: AOSSM  
8:40 – 9:00 Orthobiologics Cartilage Repair: ICRS

9:00 – 9:20 Orthobiologics in Bone: AAOS  
9:20 – 9:30 Discussion

**9:30 – 9:40 Exhibits Break**

**9:40 – 12:00 Orthobiologic Skills Workshop**

9:40 – 9:55 Intro to Orthobiologic Skills Workshop  
9:55 – 10:00 Transition to Workshop

10:00 – 12:00 Orthobiologic Skills Workshop

**12:00 – 13:00 Lunch**

**13:00 – 13:46 Session II: Introduction to Cartilage Restoration**

13:00 – 13:12 Overview: How to Build a Cartilage Practice  
13:12 – 13:24 Clinical and Radiographic Evaluation of Cartilage Patients  
13:24 – 13:36 Philosophy of Cartilage Repair: When to Treat and When Not to Treat  
13:36 – 13:46 Discussion

**13:46 – 14:56 Session III: Treat the Joint as an Organ**

13:46 – 13:58 Management of Concomitant Pathology (Alignment, Meniscus, Stability)  
13:58 – 14:10 Evolving ACL Concepts: Tibial Slope, Lateral Extra-Articular, Ramp Lesions  
14:10 – 14:22 Expanding Indications for Meniscus Preservation (Root, Complex, Radial, Horizontal)  
14:22 – 14:34 Meniscus Substitution (CMI) and Transplantation  
14:34 – 14:46 Osteotomy in Cartilage Repair  
14:46 – 14:56 Discussion

**14:56 – 15:11 Exhibits Break**

**15:11 – 15:57 Session IV: Clinical Approach to Joint Preservation**

15:11 – 15:23 My Algorithm for Small Cartilage Lesions  
15:23 – 15:35 My Algorithm for Large Cartilage Lesions  
15:35 – 15:47 Management of Bipolar/Multifocal/Arthritis  
15:47 – 15:57 Discussion

**15:57 – 17:31 Session V: Joint Preservation Surgical Techniques**

15:57 – 16:09 Microfracture/Microfracture Plus/Cartiform  
16:09 – 16:21 OAT Autograft/Mosaicplasty  
16:21 – 16:33 Cell Based Cartilage Repair in 2020  
16:33 – 16:45 Osteochondral Allografts  
16:45 – 16:57 Treatment of Subchondral Bone  
16:57 – 17:09 Cartiheal  
17:09 – 17:21 Stem Cells and Scaffolds  
17:21 – 17:31 Discussion

**17:31 – 17:46 Exhibits Break**

**17:46 – 18:32 Session VI: Special Considerations**

17:46 – 17:58 Special Considerations: Patellofemoral Joint  
17:58 – 18:10 Special Considerations: OCD Lesions  
18:10 – 18:22 Cartilage Repair in Pediatric Population  
18:22 – 18:32 Discussion

**19:00 – 22:00 Annual ISMF Reception and Dinner**

**Moderator: Jorge Chahla, MD**

**Moderator: Rachel M. Frank, MD**

**Moderator: Seth L. Sherman, MD**

Faculty: Jason L. Dragoo, MD

Faculty: Bert R. Mandelbaum, MD, DHL (hon)

Faculty: Brian J. Cole, MD, MBA

Faculty: Scott Rodeo, MD

Faculty: Alberto Gobbi, MD

Faculty: Ken R. Zaslav, MD

Faculty: Adam Anz, MD

**Moderator: Seth L. Sherman, MD**

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Faculty: Bert R. Mandelbaum, MD, DHL (hon)

Faculty: Ken R. Zaslav, MD

Faculty: Brian J. Cole, MD, MBA

**Moderator: TBD**

Faculty: Jack Farr, MD

Faculty: TBD

Faculty: Jorge Chahla, MD

Faculty: Wayne K. Gersoff, MD

Faculty: TBD

**Moderator: TBD**

Faculty: TBD

Faculty: Rachel M. Frank, MD

Faculty: William Bugbee, MD

**Moderator: TBD**

Faculty: Kai Mithoefer, MD

Faculty: Ralph A. Gambardella, MD

Faculty: Andreas Gomoll, MD

Faculty: William Bugbee, MD

Faculty: Bert R. Mandelbaum, MD, DHL (hon)

Faculty: Ken R. Zaslav, MD

Faculty: Alberto Gobbi, MD

**Moderator: TBD**

Faculty: Seth L. Sherman, MD

Faculty: Marc Tompkins, MD

Faculty: Natasha Trentacosta, MD

*Note: Invited Faculty (pending acceptance)*



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## Saturday, February 8, 2020

6:00 – 7:00 **Breakfast**

7:00 – 8:20 **Session VII: Think Like a Cartilage Surgeon**

7:00 – 7:20 Case Presentation: Small Cartilage Lesion

7:20 – 7:40 Case Presentation: Large Cartilage Lesion

7:40 – 8:00 Case Presentation: Patellofemoral

8:00 – 8:20 Case Presentation: Complex Reconstruction

8:20 – 8:35 **Exhibits Break**

8:35 – 9:30 **Session VIII: Keynote Presentation**

8:35 – 9:20 Adventures in Biologic Joint Reconstruction

9:20 – 9:30 Discussion

9:30 – 11:10 **Session IX: Surgical Demonstrations**

9:30 – 9:40 Surgical Exposures Lecture

9:40 – 9:55 Meniscus Root/Ramp Repair

9:55 – 10:10 MACI

10:10 – 10:25 High Tibial Osteotomy/ DFO

10:25 – 10:40 Osteochondral Allograft

10:40 – 10:55 Cartiheal

10:55 – 11:10 Meniscus Allograft Transplantation

11:10 – 12:00 **Lunch**

12:00 – 14:30 **Cartilage Restoration Workshop**

14:30 – 14:50 **Exhibits Break**

14:50 – 16:10 **Session X: Patellofemoral Lectures**

14:50 – 15:00 Where Have We Been and Where Are We Going in PF Instability Treatment?

15:00 – 15:10 Clinical and Radiographic Work-up of PF instability

15:10 – 15:20 Treatment Algorithm for Patellofemoral Instability: Surgical Indications and Which Procedure(s) to Choose

15:20 – 15:30 Getting It Right: Medial Anatomy and Soft Tissue Stabilization

15:30 – 15:40 Getting It Right: Lateral Anatomy and Soft Tissue Balancing

15:40 – 15:50 Getting It Right: When to Add TTO and What Type?

15:50 – 16:00 Complications and How to Avoid Them

16:00 – 16:10 Discussion

16:10 – 16:50 **Session XI: Patellofemoral Surgical Demonstrations**

16:10 – 16:25 TTO Medialization/Distalization

16:25 – 16:40 MPFL/MQTFL Reconstruction

16:40 – 16:50 Lateral Retinacular Lengthening

16:50 – 17:00 **Transition to Patellofemoral Workshop**

17:00 – 18:30 **Patellofemoral Workshop**

**Moderator: TBD**

Faculty: Kristofer Jones, MD

Faculty: Simon Gortz, MD

Faculty: TBD

Faculty: TBD

**Moderator: Seth L. Sherman, MD**

Faculty: Daniel Saris, MD

**Moderator: Seth L. Sherman, MD**

Faculty: William Bugbee, MD

Faculty: TBD

Faculty: Ken R. Zaslav, MD

Faculty: TBD

Faculty: Bert R. Mandelbaum, MD, DHL (hon)

Faculty: Seth L. Sherman, MD

Faculty: Wayne K. Gersoff, MD

**Moderator: Wayne K. Gersoff, MD**

**Moderator: TBD**

Faculty: Jack Farr, MD

Faculty: Christian Lattermann, MD

Faculty: Marc Tompkins, MD

Faculty: Seth L. Sherman, MD

Faculty: Andreas Gomoll, MD

Faculty: Sabrina M. Strickland, MD

Faculty: John P. Fulkerson, MD

Faculty: Jack Farr, MD

Faculty: John P. Fulkerson, MD

Faculty: Christian Lattermann, MD

**Moderator: Wayne K. Gersoff, MD**

*Note: Invited Faculty (pending acceptance)*